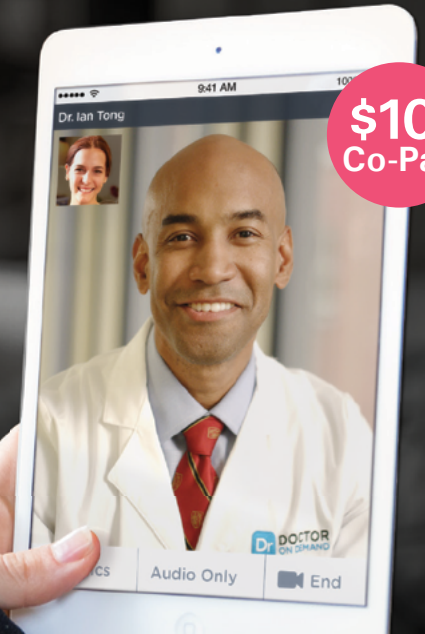


dr+ on demand

Brought to you by



Welcome to the Western Growers Assurance Trust telemedicine program, Doctor On Demand.



## What is Doctor On Demand?

Doctor On Demand gives you the peace of mind of seeing a board-certified physician right away through your smart phone, tablet or any desktop computer with a front-facing camera. The U.S.-based doctors treat hundreds of issues using a live, secure video chat for common ailments. Mental health counseling is also available. Doctor on Demand doctors can send prescriptions to the pharmacy of your choice and can coordinate lab services as needed.

## Top Medical Issues

- Cough
- Flu
- Pink Eye
- Urinary Tract Infection
- Vomiting
- Rx refills
- Bronchitis & Sinus Issues
- Cold
- Rash
- Sports injury
- Bug Bite
- Sore Throat
- Upset Stomach
- Yeast Infections
- Allergies

## Top Mental Health Issues

- Depression
- Anxiety

## How much does it cost?

Doctor On Demand is included in your existing WGAT benefit package and in most cases, will cost a co-pay of \$10.00\* for primary care, psychology and psychiatric visits. If you have a High-Deductible Health Plan, the contracted cost will apply toward your deductible.

\*Pricing and restrictions may vary, please review your summary plan description for full terms of coverage.

## How do I get started?

Doctor On Demand is available from the App Store, Google Play, or online.



**Registration is easy.**

Simply follow the steps below:

1

Download the Doctor On Demand mobile app or visit the website at [DoctorOnDemand.com](http://DoctorOnDemand.com).

2

Follow the prompts to set up an account. You will not need to provide any payment information but you will need your health insurance ID card.

When prompted to select your company, please select WGAT.

When prompted to enter your healthcare ID, enter your **9-digit HCID#** beginning with the letter "W." You must also add the **two-digit suffix** to the end of the HCID, located on the back of the ID card above the member name field.

Example: **W0000123400**

## Have questions?

Should you have further questions, please call the Doctor on Demand Customer Service department at (800) 997-6196.